

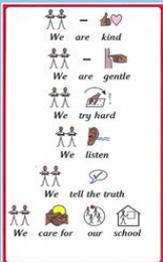


Lunchtimes at West Hove Infant

Welcome to our first edition of the 'West Hove Infants School Lunch time Newsletter'.

There is so much more going on than just eating, although that is obviously extremely important. This newsletter will tell you a little more about our provision.

Firstly, some reminders. Although spring is with us it's still rather chilly. Please don't forget to wrap up warmly with coats, hats and gloves. Please make sure they are all labelled with your child's name and class. We are over-run with unnamed items most of the time!



The children try hard, and are supported, to follow our School Golden Rules at all times of the day.

Posters around the school promote this, alongside our 'Restorative Justice' signs outside. Where possible we use this approach to resolve any playtime issues.

The children are encouraged to play kindly, co-operatively and fairly.

All staff support the children with this.



Food and Eating

We use our main hall (YR and Y1) and the Y2 hall. Food is either brought from home or chosen from the Caterlink menu at morning drop off. Please use the menu and the photo versions sent on Ping to help your child make the best choice for them.

Food is cooked on the premises and bread, carrots, cucumber and water are available daily. Children wear a coloured wristband to show their lunch choice. If you have any of these at home, please return them, thank you.



Encouraging independence and manners: *We are so grown up and polite!*

The children are very grown up. They all line up at the serving stations to collect their food and carry them on trays to their tables. With Red or Green options, the children should always choose a vegetable. Children have a choice of desserts. The children sit at tables with children from their own class.

The children are also very polite. We encourage the children to use their knife and fork and remember their table manners. 'Please' and 'thank you' are promoted at all times. Our staff help cut up the children's food when required and the children are encouraged to drink.

Although we appreciate appetites and tastes vary, the children are encouraged to eat what they can, before asking to eat pudding. Once finished, the children politely ask to leave the table and independently dispose of any leftovers, returning their tray, crockery and cutlery. They are then free to go outside to play. Once outside they can choose from the activities overleaf...

More information about our approach to behaviour and Restorative Justice can be found on our website.

Do have a look...

www.westhoveinfants.co.uk





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Activities: *So much going on...*

Our playground is zoned at lunchtimes, offering a variety of activities for the children to ensure something for every child.

Children can choose from the SNUG equipment and free play, organised team games and basketball. There are also individual/paired and small group games, using equipment such as skipping ropes, hoops and beanbags.

We also have outside sports tutors leading PE activities games. These activities are based on our PE curriculum, which the children have previously been taught in their PE lessons. We are very lucky to be able to offer the children this.

Children can also use the 'Quiet Zone' which is in the YR play area. These activities continually change but include drawing, reading, dressing up, small world play and construction.

Something for everyone!



Lunchtime Nurture

Our fantastic Inclusion Key Workers, Mrs Kitchener and Miss Whitaker, support any children who need additional help at lunch times. This can be playing games with children outside or enjoying quiet activities in our wonderful Rainbow Room.

Do look at this room if you can. It is simply lovely.

What happens if?

It is raining heavily? We have "wet play" where the children eat lunch and then go to their classrooms for games, drawing or reading.

Someone hurts themselves or feels unwell? We have a designated first aider in our medical station to attend to medical needs and poorly children.

A child feels that they do not have anyone to play with? They can speak to any of our lunchtime staff and use the 'Friendship stop' area purchased by our wonderful PTA.



Can you help?

We are always on the lookout for donations of pre-loved toys for our 'Quiet Zone'. Please think of us if you are having a clear out.

Thank you



Lunchtime Staff

Our lunchtime staff are called **Midday Supervisory Assistants (MDSAs)**. They support the children eating in the halls, lead and join in with games and ensure the safety of the children in the playground. Do contact the office if you are interested in joining our friendly team.