



West Hove Infants-‘Aim High and Smile’



Curriculum Overview for PSHE

The Personal Development curriculum is at the heart of learning at West Hove Infants as its purpose is to develop a child's personal, social and emotional skills as well as developing their knowledge and skills as a citizen of our community. Our curriculum covers a broad array of units that range from healthy eating to emotional literacy. This is taught in a spiral curriculum so that each year, units are revisited at a greater depth, according to children's personal development, maturity and awareness of the world around them.

PSHE+C is a highly interactive subject that employs a range of learning styles to enable all learners to access the curriculum content. It utilises children's prior knowledge to make links to life experiences and skills. We allow for a range of both support and Challenge to meet the needs of all learners and to ensure understanding and engagement is high in all of our sessions.

Our subject is a unique one to our school, in that it often takes place within a circle seating arrangement to encourage the feeling of community and contact for children with their peers. Children have opportunities to share their experiences in a safe space, both with partners and the wider group, if they choose. As aforementioned, each unit is blocked and our spiral curriculum is taught so that each year group is following a similar unit at the same time, over the pattern of the year. This allows for continuity within the school. We teach PSHE for a minimum of thirty minutes per week, but it is also supplemented through assemblies, key events in the school such as anti-bullying week and even with supported clubs at lunchtimes to help children's confidence grow.

Our subject is assessed by teacher's using a cutting edge county tool to understand each strand of our curriculum from units such as 'myself' and 'my community'. The subject leader's also chat informally with children to gauge excitement



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and interaction within the subject, as well as observing their colleague's teach to ensure the highest delivery of the subject.

A key driver to our curriculum is 'Restorative Justice', which is a unit that looks at a five step way to help solve problems between peers at school. We teach children to review what happened, what they were thinking about when it happened, how they feel and what they could do to make the situation better. By following this guided conversation, every voice is heard and children have an equal opportunity to express themselves and move forwards in their relationships with their pairs, restoring their equilibrium with one another. Children review this topic every year, with it becoming more complex to suit children's maturing understanding and skills within disagreements as they move through our school. Everybody in our school follows this program, from our Executive Head Teacher to our lunch time support assistants. The five steps can be seen on every teacher's lanyard, in classrooms, and even in large sign form on our playgrounds.

PSHE+C follows the personal development of children to begin their own life-long journey of self-development. By the end of KS1, we aim to equip children with the tools of independence, confidence, decision making, self-reflection and improvement, as well as to aim high to become successful citizens of our community.



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