



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends

Hove Learning Federation Holland Road Newsletter

Friday 16th May 2025

Dear Families,

Firstly, we'd like to say an enormous well done to all our Year 6 pupils who have been busy taking their Key Stage 2 SATs tests this week. We are all so proud of them all and they have all worked so hard and tried their very best. A big thank you to the Year 6 Teams and all our staff and families across the federation for their care and support with the children over this busy time.

We hope you enjoy the fabulous photos of the Brighton Festival Children's Parade in this week's newsletter. All the children and staff had such a special day. We'd like to say a special thank you to Ollie Tunmer from the 'Beat Goes On' who taught the 'Samba Band' and gave up his time to come in each week to help them learn this new skill, and to Angus Light who organised our van for the parade. A big thank you also goes to our wonderful art teams across the sites who helped to organise the big build designs and costumes.

We are also looking forward to Sports Week after half term and there is more information on dates and organisation further on in the newsletter.

If you have a child starting Year 3 in September, we will be hosting our evening family meetings with the SLT and Year 3 team on Monday 23rd June at Holland Road. More information will be sent to families next week regarding these meetings and transition plans.



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School Inclusion Team

inclusionteam@hovejun.brighton-hove.sch.uk

01273 916609

Best wishes,

Maddie Southern

Diary Dates

20th & 21st May - Reception trips to Paradise Park

23rd May - PTA Ice Lolly Sale

23rd May - Last day of half term

26th - 30th May - Half Term holiday

2nd June - INSET Day

3rd June - First day back at school for pupils

12th June - Year 3 Trip to Fishbourne Roman Palace

17th June - Y3 & Y4 Sports Day

18th June - Y1 & Y2 Sports Day

20th June - Y5 & Y6 Sports Day

23rd June - New Y3 Parent/Carer Meeting at HR

24th - 27th June - Y6 Blacklands Residential Trip

25th June - Y5 Big Camp at Hove Park

15th July - YR Sports Day



Year 4 Enrichment Week

The week beginning 28th April, Year 4 had their Enrichment week! The children took part in a wide range of activities and had a fantastic time!

On Monday, the children spent the whole day at Hove Lagoon where they learnt how to build a raft and paddle board!

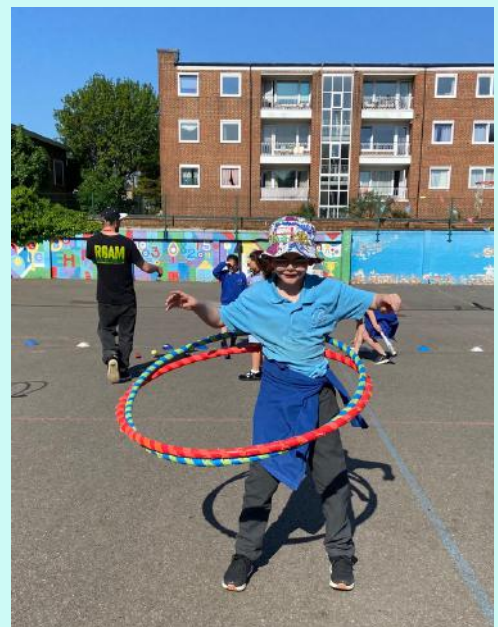


On Tuesday, the children learnt some basic orienteering skills and created some art installations on the playground.





On Wednesday, 'Outdoors Project' came to our school and led some circus skills activities and the children also got to take part in bushcraft lessons.



Thursday was a PE filled day, where the children got to work in teams to problem solve as well as play a big game of rounders.

Finally, on Friday the children enjoyed making their own chocolate cornflake cakes and designing packaging for their bakes, as well as taste testing them in the afternoon whilst watching a movie.

A great week was had by all!

Year 3 and 4 Tri Golf Festival

On the 8th of May, 6 children took part in a Tri-Golf festival, run by sports leaders at Blatchington Mill Secondary School. It was a great afternoon, consisting of various challenges to test the children's putting and chipping abilities. The team gained points as they worked their way around the different challenges and overall came 5th out of 10! They had a great afternoon and learnt lots of new skills!





Children's Parade!



Children's Parade!



Children's Parade!





Hove Learning Federation Sports Week 2025 16th- 20th June

Dear Parents/Carers,

We are excited to share with you our plans and timetable for sports week 2025.

Children will be taking part in a number of alternative sporting opportunities deliver by the company SportsCool. See timetable of events below, including information regarding sports days.



	Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Friday 20th
AM					
Playground 9-10 10:50-11:50	Year 2: Archery/ Tri golf	Year 6: Lacrosse/ Laser Tag	Year 3: Tri golf/ Archery	EYFS: Hockey/Orienteering/	
PM					
Playground 1:05-2:00 2:00-2:55	Year 1: Archery/ Tri golf	Year 5: Lacrosse/ Laser Tag	Year 4: Laser Tag/ Archery		EYFS sports day (School playground)
Offsite- Cardinal Newman Catholic School 1:30-3:00PM		Year 3 and 4 Sports day @ Cardinal Newman (1:00-3:00)	Year 5 and 6 Sports day @ Cardinal Newman (1:00-3:00)		Year 1 and 2 Sports day @ Cardinal Newman (1:00-3:00)

WEST HOVE INFANT SCHOOL School Road Site, Portland Road,
East Sussex, BN3 5JA
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Tel: 01273 733386

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Children will not need to bring any equipment but will be required to wear their PE kits on the days of their activities + sports afternoon.

We are really pleased to be able to welcome parents/ carers to come and watch this year's sports afternoons. If you would like to come along and support, please arrive from 1:35pm at **Cardinal Newman Catholic School** - where you will be met by a member of our staff who will give you a visitor sticker.

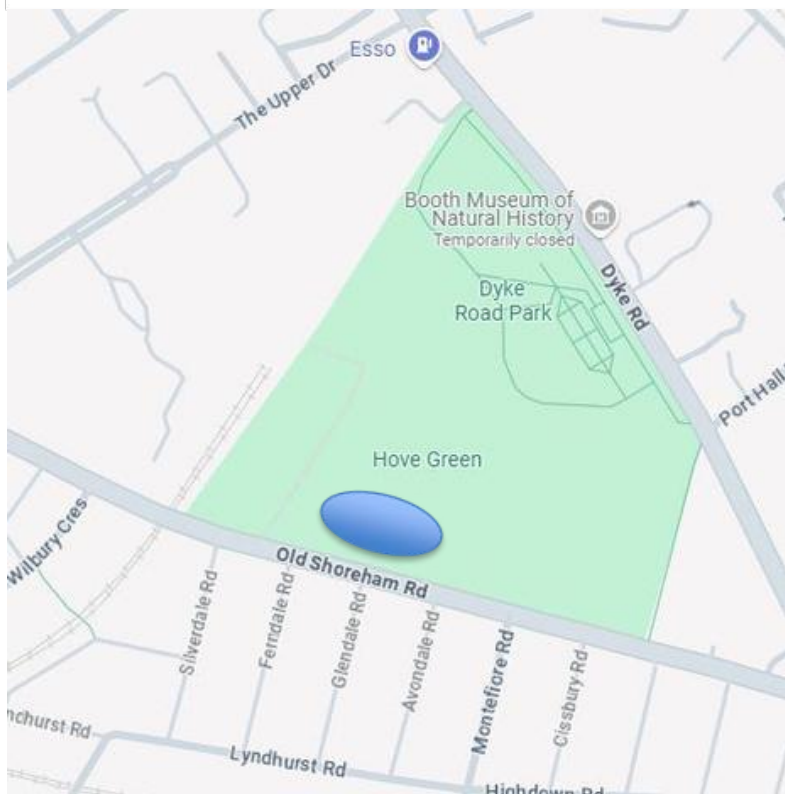
Children will be leaving school after lunch to arrive at Cardinal Newman at 1:15pm for a prompt 1:40pm start. The children will all be competing in track and field events. Once the events have finished, you are welcome to take children home from Cardinal Newman School. Please see your child's class teacher to sign them out. Otherwise we will be walking back to school for a normal finish time.

All children should come to school in their PE kit on the day. **It is important that children have sun cream, a sun hat and bottled water.**

A parents and carers spectating area will be marked out next to the track for you to watch from. We look forward to seeing as many of you as possible!

Yours sincerely,

Miss Allum and Mrs Berger



See blue oval on map for sports day location- access via Old Shoreham Road

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PARENT & CARER WORKING GROUP (PCWG)

The Parent & Carer Working Group sits across the whole federation. This working group is made up of parents with all different skills ranging from artists, musicians, fundraisers, IT specialists, finance, communications, carpentry, painting and decorating - you name it!

We aim to:

 Strengthen community engagement  Promote learning and enrichment  Support fundraising

WE NEED YOU!

So far we've taken on a range of projects ranging from manning the barriers at school road to ensure greater road safety at drop off and pick up, conducting an audit of the school website to improve their usability, conducting research with parents and nurseries to think of ways to attract even more children to our brilliant schools and pulling together a list of grants the school could apply for.

Its open to all parents and is a really unique and exciting opportunities for parents to meaningfully contribute to the school and help it thrive

✓ How Can You Get Involved?

Share Skills



Sign up to the parent database to share skills or volunteer at events



Submit Ideas



Use the [Ideas Form](#) to suggest an improvement



Join a Group



Join the [WhatsApp group](#) to chat with other parents involved



What Have We Done So Far?

Website Audit

- Completed a full review of the Hove Learning Federation websites
- Provided recommendations for improvement
- Next: Support updates and train staff

Recruitment Support

- Mapped local nurseries and feeder schools
- Created a parent experience comparison document for open days
- Goal: Maintain and grow positive recruitment numbers

Holland Road Visibility

- Improving the school's presence on Google Maps
- Engaging local estate agents to promote the site

School Road Safety

- Volunteer rota set up to manage School Road barriers at drop-off and pick-up
-  **Volunteers Needed!**

School Videos

- Creating videos about life at school
- Children involved in storyboarding and filming – great learning opportunity

Project Grants

- Compiled a list of potential grants
- Ready to apply as new projects arise (e.g., saplings area improvement)

Interim Leadership Team

- Interim team of parent volunteers established
- Formal elections planned for Sept/Oct 2025
- Leadership info available on the school website

Samba band

- We have arranged for the School Samba band to play at a local care home

Kids & smartphones – what's the big deal?

When children first started getting smartphones a decade ago, there was no research about their impact. Now there is, and it's overwhelming.



HARMFUL CONTENT

Smartphones act as a gateway to pornography, violent and extreme content. Often kids don't seek them out but are exposed to them via algorithms and messaging apps. Once seen, these things can never be unseen. 90% of girls and 50% of boys say they're sent explicit content they didn't want to see.



ADDICTION

Tech companies intentionally make apps addictive, because the more time we spend, the more data they harvest, the more money they make. By leveraging dopamine circuits, they trigger brain responses akin to slot machine gambling. 1 in 4 young adults show signs of behavioural addiction to smartphones.



ACADEMIC DISTRACTION

The average teen receives 237 smartphone notifications a day – one every few minutes – making focusing on schoolwork hard. Studies show that excessive smartphone use has negative impacts on academic performance. Children at schools with effective smartphone bans get GCSE's 1-2 grades higher.



GROOMING

Sites like TikTok, Snapchat and Roblox are used by sexual predators to target children with their first smartphones, blackmailing them into sharing sexual content. Sextortion is now the fastest growing crime against teens. Since 2022, there has been a 66% rise in 'self generated' sexual abuse imagery of children under 10.



CYBERBULLYING

Disagreements between pupils used to stop at the school gate, now they follow kids wherever they go, 24/7. Young people who experience cyberbullying are twice as likely to attempt suicide and self-harm. One in six teens report being cyberbullied in the past month, according to the World Health Organisation.



MENTAL ILLNESS

Rates of depression, anxiety and suicide in young people have spiked globally since 2010, when children first began getting smartphones. The first generation to grow up with smartphones are now adults – data shows that the younger they got their first smartphone, the worse their mental health today.



OPPORTUNITY COST

Underpinning all these harms is one that is potentially the most significant of all. For the first time in human history, children are spending more time on devices than they are playing – an activity crucial to our healthy development. Smartphones are experience blockers, distracting children from engaging in the real world. The average UK 12-year-old now spends 29 hours a week – equivalent to a part-time job – on their smartphone. This leaves little time for the real world activities and relationships that enable us to learn the essential life skills we need to transition into adulthood. The average daily time that teens spend with friends has plummeted by 65% since 2010.

Join the grassroots parents movement to protect childhood from Big Tech
www.smartphonefreechildhood.co.uk/join

For all links to stats references see www.smartphonefreechildhood.co.uk/the-problem

10 Top Tips for Parents and Educators

SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road edge to ensure they can still see approaching vehicles.

7 CROSS SAFELY

Children should always find a safe place to cross the road, prioritising zebra crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view. Instead, moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

9 REVERSING VEHICLES

Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



The National College

What Parents & Educators Need to Know about SEARCH ENGINES

WHAT ARE THE RISKS?

Search engines are an integral part of everyday life – with Google alone processing around 100,000 searches every second. Search engines use algorithms to predict which results will be useful to us, though this can expose children to inappropriate content, misinformation and even scams. This guide explains the risks associated with search engines and offers practical advice to help safeguard young users online.

MANIPULATED SEARCH RESULTS

Although search engines take site reputation into account, trustworthiness isn't the main factor. Instead, they use algorithms that can be gamed via tactics like search engine optimisation (SEO), which is big business. As a result, users may encounter misleading content and low-quality commercial products that appear more credible than they actually are.

MISINFORMATION AND DISINFORMATION

Search engines index billions of web pages – and not all of them are factual or safe. Children might stumble across false information or even deliberate disinformation, especially when searching for trending topics or controversial issues.

ENGINES BEYOND GOOGLE

Even if Google's SafeSearch is enabled, children may use lesser-known search engines that don't have similar protections. Some of these alternatives are less effective at blocking unsavoury content – sometimes by design – making it easier for children to encounter harmful or explicit material. Parental controls may also struggle to detect and block these sites.

ILLEGAL CONTENT CAN SURFACE

Search engines are designed to retrieve content based on keywords – not to judge whether that content is lawful. As a result, even illegal or harmful material can appear in search results. Children might assume that anything found through search engines must be safe, just because they're so widely used. This misunderstanding can lead to accidental exposure to seriously inappropriate content.

INAPPROPRIATE CONTENT EXPOSURE

Although parental controls like Google's SafeSearch exist, they aren't foolproof, and search engines may bypass them. Young users may still see inappropriate images or content, especially in image searches, even though they may not be able to click on the results. Some niche search engines lack even basic filtering, posing further risks.

UNRELIABLE AI SUMMARIES

AI Overview

Some search engines now offer AI-generated answers at the top of results. While these can be helpful as webpage summaries, they're not always accurate. There have been instances where AI summaries have presented false or even dangerous information, reinforcing the need for critical thinking.

Advice for Parents & Educators

ACTIVATE PARENTAL CONTROLS

While no parental controls tool is perfect, this software can help reduce the likelihood of inappropriate content appearing in search results. Use tools like Google Family Link to set search restrictions and monitor your child's browsing activity.

QUESTION AI-GENERATED CONTENT

While AI content is generated quickly and often appears legitimate, teach children that, just because an AI summary is well presented, it doesn't mean it's accurate. Encourage them to review the sources behind AI summaries and check the information with reputable sites or fact-checkers.

IDENTIFY AND AVOID ADVERTS

One of the ways search engines generate revenue is by showing adverts to their users. Sponsored search results are labelled, but they're not always easy to spot and can sometimes be malicious. Show your child how to distinguish between paid ads and organic search results – explain why some ads might be misleading or unsafe.

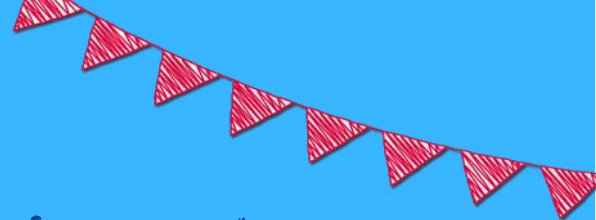
PROMOTE DIGITAL LITERACY

Encourage children to question the motivation behind online content and develop critical thinking, as not all sites can be trusted. Some deliberately misinform users in order to sell products or promote misinformation. Developing a critical mindset is one of the best defences against these tactics.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard, The Guardian and The New Statesman.





Getting ready for School this September!

At West Hove it is our goal for all children to be happy, healthy and be proud of who they are.

Starting school is a big step for all children and for all parents.

Supporting your child to be ready for school will increase their independence and confidence, giving them the best start to their school career and is a major factor to their well-being.

Although not all children will have mastered all the following things by September – and there are many – the more things they are confident with, the easier their start to school will be.

Self-Care

- Use the toilet and be able to clean myself afterwards
- Dress myself after toileting - pull up my pants/tights/trousers
- Wipe my nose
- Put on and take off my coat, jumper or fleece, shoes and socks
- Feed myself and begin to use cutlery
- Carry a tray with a plate on it
- Tidy up my toys



Social and Emotional

- Separate from key adults and spend time away from them
- Share toys
- Communicate when they are cold, hungry, thirsty, hurt/ill or need the toilet (verbally or with signs).
- Be able to calm down with help when upset
- Have a go at activities



Communication and Language

Follow a one or two step instruction

Listen to an adult reading a story

Be able to focus on activities for around five minutes

Can recognise their own name

Cognitive

- Can hold a book and turn the pages
- Can talk about the pictures and the story
- Can hold and use writing tools
- Can write some letters in my name
- Can count to 10
- Can count up to 5 objects





YOUR
SCHOOL
LOTTERY

Hove Junior School

WE'VE LAUNCHED A LOTTERY

Buy your tickets now to
help our fundraising

Tickets cost just £1

All profits go to our school

Local cash prize every week

Chance to win the £25,000 jackpot!



[Play Now](#)



Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.



🎓 ¹²/₃₄ Expert Maths Tuition – KS2 to GCSE ¹²/₃₄ 🎓

Qualified Teacher | 20 Years' Experience | DBS Checked

Looking to boost maths confidence or take your child's skills to the next level?

I offer personalised support for students from Key Stage 2 through to GCSE, helping them feel empowered, prepared, and proud of their progress



🌟 Available Online & In Person (Southwick & Surrounding Areas)

📚 Support with:

- ✓ Building strong maths foundations
- ✓ Mastering arithmetic & problem-solving skills
- ✓ SATs & GCSE exam preparation
- ✓ Developing effective exam techniques
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Get in touch today:

☎ 07540827713

✉ mrsppprimarytutor@gmail.com 📘 Facebook:

📷 [@vanessapattersontutor](https://www.instagram.com/vanessapattersontutor)



WANT TO FEEL CONFIDENT IN YOUR YEAR 6 SATS?

Limited spots available in my:

 RYAN FAERS
TUITION

Year 6 Maths Group

Tuesdays (5.00-6.00pm) weekly

- Arithmetic & Reasoning papers
- Interactive quizzes
- Modelled examples

One
space
left!

First
lesson
free!

Current
teacher
and school
leader

This half term in Maths:

- 07/01** - Multiplying decimals by integers
- 14/01** - Dividing decimals by integers
- 28/01** - Understand percentages
- 04/02** - FDP equivalents
- 11/02** - Percentages of an amount - 1 step
- 18/02** - Percentages of an amount - 2 step

Year 6 English Group

Mondays (5.30-6.30pm) weekly

- Reading and Grammar papers
- Comprehension skills
- SPaG applied in writing tasks

Two
spaces
left!

This half term in English:

- 06/01** - Punctuating boundaries
- 13/01** - Non-Fiction comprehension skills
- 27/01** - Word classes
- 03/02** - Poetry comprehension strategies
- 10/02** - Punctuating sentences
- 17/02** - Fiction comprehension skills



 **Call Today**
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- Maximum Group Size of 4
- £25 per hour
- Maths Topic Checklist/Syllabus
- Marked Homework Task



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 ryanfaers@gmail.com

Brand Vaughan are proud to be partnered with West Hove Infant School and Hove Junior School.

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vaughan

Sell or let your property with Brand Vaughan and receive
20% off our standard selling or lettings fee.

Each time you sell or let your property through Brand Vaughan, West Hove Junior School will receive **10%** of the referred selling or letting fee.

Our partnership with West Hove Junior school, not only benefits you, but also benefits your children's school.

Speak to our team today, we offer free, no obligation valuations.

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