



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation Holland Road Newsletter



Friday 15th November 2024

Dear Families,

It has been wonderful to see so many stakeholders at our consultation events this week. We have three further meetings on 18th, 25th and 26th November. We encourage all parents/carers to attend and come to these sessions with our SLT, governors and Aurora Academy.

Monday 18 th November 6.00pm	In person: Parents/Carers Holland Road	AAT Head Governors
Monday 25 th November 6.00pm	In person: Parents/Carers Portland Road	AAT Head Governors
Tuesday 26 th November 6.30pm	Zoom webinar online meeting Link to join: https://us02web.zoom.us/j/88971413131 Webinar ID: 889 7141 3131	AAT Head Governors

Don't forget to use the consultation email address, a.consultation@hovejun.brighton-hove.sch.uk, to register your questions. Responses will be provided in the final consultation report.

Information regarding the consultation is available on our [infant](#) and [junior](#) websites.



Anti Bullying Week - Respect!

This week in school we have been talking about Anti-Bullying Week to raise awareness about the negative impacts of bullying, encourage people to stand up against discrimination, and promote the importance of individuality. It's a week dedicated to celebrating the values of inclusivity, respect and kindness.

An important aspect of Anti-Bullying Week is encouraging individuals, particularly young people, teachers, and parents, to speak up against bullying, seek help when needed and be proactive in creating a safer environment in their schools and communities.

The theme for Anti-Bullying Week 2024 is Choose Respect. Teachers and children wanted a theme that empowers them to do something positive to counteract the harm and hurt that bullying causes. Too often, we stay quiet when we see bullying going on, stay silent about the pain it inflicts, or play it off as a joke. But we shouldn't! Instead, let's shout about it and speak up when we see prejudice or discrimination.

Anti-Bullying Week encourages us all to speak out about bullying. By raising awareness, we not only support those who are being bullied but also let potential bullies know that their actions are unacceptable. Whether this is speaking to a trusted adult or reaching out to a person who is being bullied, let's make a noise this Anti-Bullying Week!



Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School

hollandroadenquiries@hovejun.brighton-hove.sch.uk

01273 916707

Hove Junior School Inclusion Team

inclusionteam@hovejun.brighton-hove.sch.uk

01273 916609

Best wishes,
Maddie Southern

Prospective parent visits

Holland Road Reception visits:

Thursday 21st November - 6.15pm

Thursday 9th January - 10.45am

Holland Road Year 3 visits:

Wednesday 20th November – 10.45am

Diary Dates

22nd November - Y2 Superhero Dress up day

19th November - Y6 SATs workshop

6th December - PTA Christmas Fair

11th December - Christmas Dinner

11th & 12th December - Y1 & Y2 Christmas Performances

12th December - YR Christmas Performance

16th December - Y3 Fab Finish

17th December - Y4 Fab Finish

17th December - YR Christmas Parties

18th December - YR Christmas Parties

18th December - Y5 Fab Finish

19th December - Y6 Fab Finish

20th December - Y1 & Y2 Christmas Parties



Year 6 Explorers Day

On Friday 25th October, Year 6 took part in an 'Explorers Day' linked to our 'Explore Extreme Earth' topic. Year 6 dressed in volcanic colours (red, orange, black and brown) and took part in a range of activities including:

- Creating Top Trumps fact files about famous volcanoes
- Taking part in an earthquake body percussion & STOMP basketball session with Ollie (a parent who runs STOMP sessions in Brighton & Hove)
- Designing and making their own volcanoes before erupting them using Diet Coke and mentos in the playground
- Creating human volcanoes
- Volcano related PE games in the hall

This was a great way to celebrate the wealth of knowledge the Year 6s have gained this year. This term, we are going to developing our map reading and orienteering skills.



Year 6 Explorers Day



Year 6 Explorers Day



Football News

Hove Juniors vs St Marys 7.11.24

On Thursday 7th November the boys and girls year teams played St Mary's Primary School at Blatchington Mill Secondary School.

The boys won 3-0m with fantastic goals scored by George, Zach Newton and a penalty from Luc. The game was played on a large pitch and the boys showed amazing skill in using this space to set each other up for goals as well as defending solidly.



Football News



The girls played second and were unlucky to come away 2-1 down. A fantastic, solid goal from Emmy and some wonderful game play all round, the girls showed phenomenal team work and resilience. A huge well done to all who played!



Year 5/6 Cross Country

On Wednesday 13th November, Miss Allum and Mrs B took a group of 26 year 5 and 6 children to the Brighton and Hove cross country championship. The event took place at Waterhall playing fields, the children had to run 2000m (2km) across a challenging course that took them up some pretty big hills! The sun shone all afternoon and the energy and atmosphere was electric!

We were so impressed with all the children who took part- you were all fantastic and represented the school brilliantly. We are all very proud and you should be incredibly proud of yourselves too! Not only was your behaviour impeccable, but all the performances were fabulous. So much resilience and determination on display! Thank you also to all the parents who helped support and get children to the event. It was great having you all cheering the children on.

You were all superstars, here are some highlights...



Year 5/6 Cross country 13th November





Update from the Smartphone Free Childhood Working Group

Christmas is coming... Thinking about a phone for your child's Christmas present?

If you are considering buying a phone for your child this Christmas, but aren't sure that a smartphone is the right thing just yet, check out these other options on the SFC website. This handy table has some quick comparisons to get you started:

	 3310	 2660	 5310	 110	 105
Colour options	✓	✓	✓	✓	✓
Network Band	2G	4G	2G	4G	2G
Wifi	✗	✗	✗	✗	✗
Bluetooth	✓	✓	✓	✓	✗
Camera	2.3mp 	0.3mp 	0.3mp 	0.1mp 	✗
Mp3 Player	✓	✓	✓	✓	✗
Colour options	✓	✓	✓	✓	✓
Screen Size	2.4 in	2.8 in	2.4 in	1.8 in	1.8 in
Price	£49.99	£59.99	£39.99	£39.99	£24.99

None of these phones have wifi, but if you want your child to have a totally internet free experience, then you need to buy a no data sim.


SMARTPHONEFREECHILDHOOD.CO.UK

No data sims

£9.99
pm

Parent Shield
Specifically designed for children
Records all calls and texts
Excellent Range of Parental Controls
Safeguarding Push Alerts for parents

Scan to find out more

£4
pm

Asda
Unlimited Texts
Unlimited Minutes
No Contract
No Data or Data Plans Available

Scan to find out more

£7.99
pm

IQ Mobile
Unlimited Texts
Unlimited Minutes
3 month contract - then rolling

Scan to find out more

And finally, here’s a comparison of 2G vs 4G for phones:


SMARTPHONEFREECHILDHOOD.CO.UK

2G

**Basic web access, most websites incompatible**

Pair with a 'no data' sim for a totally internet free experience



**No wifi capability**

Nationwide coverage



**2g networks will be turned off by 2033**

4G

**Internet enabled phone**

Pair with a 'no data' sim for a totally internet free experience



**No wifi capability**

Nationwide coverage



**Current technology**

Our parent pact is still going strong, with more people signing up all the time. At the time of writing, 12% of Y6 parents have signed and 16% of Y5 parents. Every parent or carer who takes the pledge helps take the pressure off all the children in our community, ensuring they won't feel left out for not having one.

[Sign the Smartphone Free Childhood Parent Pact here](#)

Regular links

As always, find more info on our page on the school websites:

- [West Hove Infants](#)
- [Hove Juniors](#)

For friendly, informal discussion, support, and a space to ask questions about all things smartphone, please join our WhatsApp groups:

- [Portland Road site](#)**
- [Holland Road site](#)**

Wishing everyone a great weekend!

All the best, the West Hove Infant and Hove Junior SFC Working Group



Face
painting
& Tattoos



Fabulous
Raffle &
Tombola



Christmas
Gift Stalls



Mulled
Wine & Hot
Chocolate



Candy
Cane
Game

**Hove Learning
Federation**

WINTER

Fair!



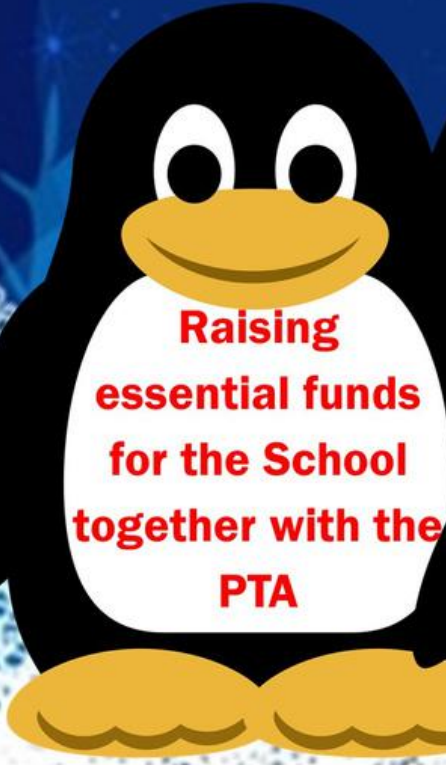
Cakes &
Sweets



Lucky
Dip

FRIDAY 6TH DECEMBER

3.15pm to 5.30pm



Raising
essential funds
for the School
together with the
PTA



Snowball
Scavenger
hunt



Guess the
Name of the
Bunny



Fun &
Games
for all!



Free
Entry to
All!



Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.

10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>

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Download and opt-in with Asda Rewards
and we will donate **££s** to schools.

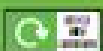
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FOR
SCHOOLS**



With
Parentkind

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- 2** Opt-in to Cashpot for Schools and follow the steps in your app
- 3** Shop, scan and we donate



Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt in required. 0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools must register with Parentkind charity 1072833. Full T&Cs at asda.com/cashpotforschools. Rewards T&Cs at asda.com/rewards/terms. Ends 30.11.24

**Vanessa Patterson
Primary Tutor**



**Term time
sessions
running until
May**



Year 6 SATs Maths Booster Group Classes

What the classes involve:

- Developing arithmetic calculation methods
- Applying arithmetic methods to problem solving
- Practical ways to answer questions
- Building confidence to answer questions

**Thursdays
5.45pm-6.45pm
online
£20 per hour**

- Fully qualified teacher
- DBS checked
- Friendly and supportive tutor
- 20 years classroom experience

**Contact Vanessa at:
mrspprimarytutor@gmail.com
or 07540827713 to secure your
child's space**

**Vanessa Patterson
Primary Tutor**



**Suitable for
ages 7-10**



Times Table Booster Group

What the classes involve:

- Support to learn key multiplication facts
- Fun games and interactive activities
- Tips for recalling 'tricky' facts
- Building confidence and speed

**Term time
Wednesdays
5.30pm-6.00pm
online
£10 per session**

- Fully qualified teacher
- DBS checked
- Friendly and supportive tutor
- 20 years classroom experience

**Contact Vanessa at:
mrsppprimarytutor@gmail.com
or 07540827713 to secure your
child's space**

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