



**WEST HOVE
INFANT SCHOOL**
.....
A family of friends



Hove Learning Federation Holland Road Newsletter



Friday 14th June 2024

Dear Families,

I can't believe we are into our final half term of the year but we have so much to look forward to in the next few weeks! Please do note the diary dates below as there is a lot coming up.

This is a time when we focus on transition across the school. Next week we will be running welcome meetings for our new entrants to Reception followed by meetings for our new Year 3 families the following week. Our teachers are working hard on preparing the new classes for September. This is always an exciting time and we are committed to making this experience as positive and smooth as we can for all pupils. We provide enhanced transition for any pupils who need it and if you have any further questions about this please do speak to your child's class teacher or one of the Inclusion team.

Our Year 6 children are now fully immersed in their end of year productions, and we have planned a variety of fun activities for the last part of their primary school experience. They will also be having visits from their new secondary schools in preparation for their transition day on 5th July. We are incredibly proud of them and share their excitement around moving on to their next stage.

Please continue to keep in contact with us – should you have any questions or concerns, contact us via the following:

West Hove Infant School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707



Hove Junior School
hollandroadenquiries@hovejun.brighton-hove.sch.uk
01273 916707

Hove Junior School Inclusion Team
inclusionteam@hovejun.brighton-hove.sch.uk
01273 916609

Best wishes,
Lorna Cummings

Diary Dates

20th June - Y1 Trip to Book Nook
24th June - Y5 Yellowwave Trip
26th June - Y1&Y2 Sports Day
27th June - Y3&Y4 Sports Day
27th June - New Y3 parent/carer meeting
28th June - YR & Y5/Y6 Sports Day
3rd July - Y1 Woods Mill Trip
5th July - Transition Day
15th July - YR Pirate Day
17th July - Year 6 Production
18th July - Fabulous Finish Open Afternoon
19th July - Y2 Leavers Celebration
22nd July - Y6 Leavers Celebration
23rd July - Last day of term (non-uniform day)

Open Sketchbook events for Art Week:

Monday 24th June - YR & Y2
Tuesday 25th June - Y1
Wednesday 26th June - Y3 & Y5
Thursday 27th June - Y6
Friday 28th June - Y4





Special Visitor in Year 3

On Tuesday 4th June 2024, Year 3 at Holland Road were incredibly lucky to have a special visitor. Imam Zaid Muhammad from Sussex University came to speak to our year group, as part of our Islam topic, in RE.

We have been looking learning about the 5 Pillars of Islam. We have also talked about how and why Muslim people pray. Imam Zaid Muhammad explained how and why Muslim people pray and explained the 5 Pillars in more detail. He shared his wealth of knowledge and we are so grateful for his visit.



The children asked sensible questions and showed how much they have learnt so far this term. We were incredibly proud of them.

Year 5 trip to The Buddhist Centre

On Monday 10th June, year 5 had a great afternoon at The Buddhist Centre.

This term we are learning about Buddhism in our RE unit. During the afternoon we had a very interesting talk all about the religion from a monk. We took part in a guided meditation and discussed how this felt. Then there was the chance to ask lots of questions- the children we particularly interested in the resident cat! The trip ended with juice and biscuits. A lovely afternoon!



Year 6 boys football team news

Hove Junior School VS Brunswick Primary

5-0 to Hove Juniors

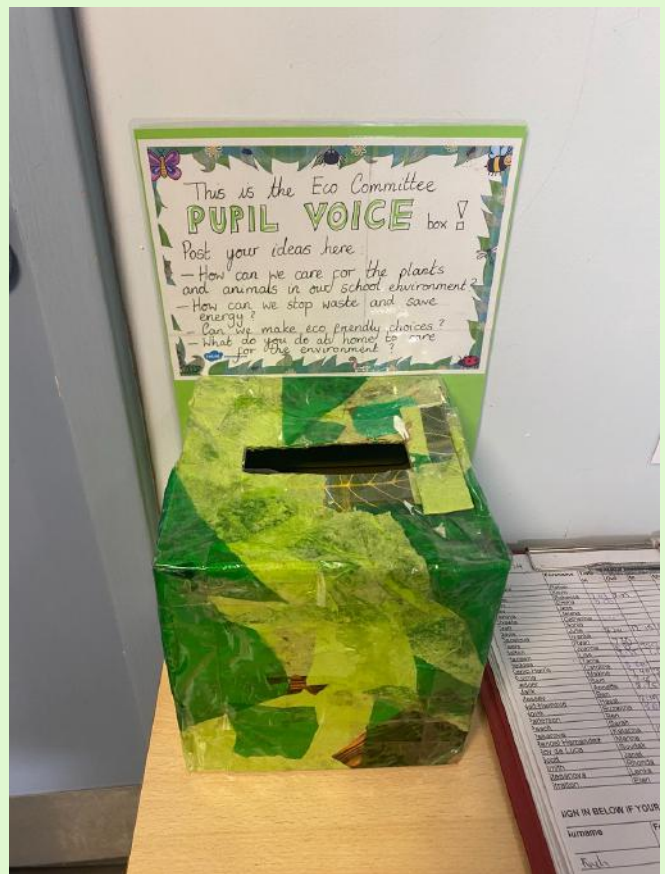
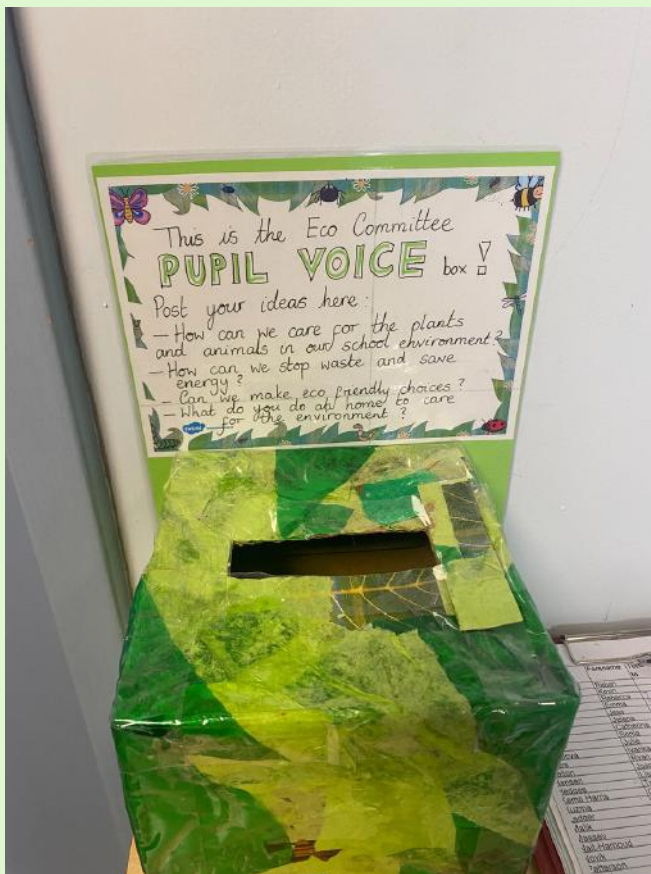
Our final game of the season! On Wednesday 12th June, the year 6 boys faced Brunswick Primary in a fantastic season finale! A lovely sunny afternoon of football and a 5 – 0 win! Well done boys, you've made us very proud this year, not only with your fantastic team spirit and skill but also your maturity, determination and support of one another!



Eco Committee

The eco committee have been hard at work creating a pupil voice box using recyclable materials. We have asked children in assemblies to jot down their ideas on how to look after the school environments and what they are doing at home fight climate change and care for nature.

So far our pupils have loved getting their voices heard and are giving us ideas to discuss!



Walk to school week

To celebrate 'Walk to school week' and the fabulous places our feet can take us, the children dressed up their feet for their walk to school.

Here are some of the funkiest, most creative we spotted around school.



AT HOVE LEARNING FEDERATION, WE CELEBRATE LANGUAGES

LANGUAGE OF THE MONTH

This month we are celebrating

Persian/Farsi

Do you speak Persian/Farsi? Could you say the days of the week? Would you be able to teach your class how to say hello or how to count to four?

سَلَام

salâm

Hello

خُدا حافظ

Khodâhâfez
Goodbye

Days of the week in Persian/Farsi

شنبه

یکشنبه

دوشنبه

سه شنبه

چهارشنبه

پنج شنبه

جمعه

shanbe

yekshanbe

doshanbe

seshanbe

châhârshanbe

panjshanbe

jome

Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

1

۱

yek
یک

2

۲

do
دو

3

۳

seh
سه

4

۴

chahâr
چهار

Do you have any books in Persian/Farsi? We'd love to see them. Please bring them in to show your class (with your name in).



**FREE
ENTRY**

**SATURDAY 6TH JULY 2024
11.00AM TO 3.00PM**

HOLLAND RD PTA PRESENTS
HOVE INFANTS & JUNIORS

SUMMER FAIR



FUN FOR THE WHOLE FAMILY
BBQ • INFLATABLES • GAMES
FACE PAINTING • HAIR TINSEL
RAFFLE • TOMBOLAS
CAKES & SWEETS



CONTACT US IF YOU CAN VOLUNTEER IN ANY WAY

SATURDAY 6TH JULY / 11-3PM



SUMMER FAIR

VOLUNTEERS NEEDED!

WANT TO BE INVOLVED? CONTACT VICKY
AT HOVEPTAHOLLANDRD@GMAIL.COM

**TEDDIES & BOARD
GAMES**

Collection Week June 4th

BOTTLES

Collection Week June 10th

**LUCKY DIP
BAGS**

Collection Week June 17th

**SWEETS AND
CHOCOLATES**

Collection Week June 24th

CAKES

Collection Week July 1st



The CPD Standards Office
CPD PROVIDER: 22640
2024-2025
www.cpdstandards.com

ADHD course for Teachers, Parents and Related Professionals

Now available as distance learning...

Complete in your own time!

All sessions booked & delivered online via facefamilyadvice.co.uk

Tuesday

11 June

19:00 - 21:00

£24



Introduction to OCD

Obsessive Compulsive Disorder

Looking at the complexity of this serious condition.

Monday

17 June

19:00 - 21:00

£24



Improving Family Communication

How to reduce the shouting and arguing and start the talking.

Thursday

20 June

19:00 - 21:00

£24



Supporting a Child with ADHD

Challenging the stereo types and explaining how this condition impacts on the child and giving ideas on how we can support them.

Thursday

27 June

19:00 - 21:00

FREE



Supporting Healthy Sleep

Coping with insomnia, screen damage, neurodiversity dysregulation.

Does your child or young person have experience of CAMHS?

As a parent or carer of a child or young person with mental health difficulties, your experience, concerns, views and ideas are essential in helping to shape how the Trust's resource and expertise are prioritised for the next 5 years.

We would love your involvement in developing the Trust vision and priorities for 2025-2030.

 **Friday 24 May 2024**
 **10am - 11:30am**
 **Online via Zoom**



To join the conversation and attend, please email:
trina.shaw@spft.nhs.uk

Click here for more information or to share your views and ideas through a short survey



**Our
future
focus**



Sussex Community **NHS**
NHS Foundation Trust

SchoolsMentalHealthService@brighton-hove.gov.uk

Schools Mental Health Service Support for parents and carers

Helping Children/Young People Cope With Anxiety and Build Resilience

This is a 90 minute session (that can be extended for more discussion) to support parents/carers and provide strategies and techniques to help manage anxiety. There will also be opportunities to ask questions and meet other parents.

Areas covered include:

What is anxiety and where does it come from?

How does anxiety impact on our children?

Tuesday 9th July 2024 11.30am -1pm/1.30pm – at (Moulsecoomb Family Hub Centre) Hodshrove Ln, Brighton and Hove, Brighton BN2 4SE

Book your place at <https://www.eventbrite.com/e/907695911907?aff=oddtcreator>

One-off Parent Virtual Workshops 12:30pm-1:30pm

transition

This workshop is for parents/carers of young people starting Y7 at Secondary School in September 2024. The workshop will cover what anxiety is and how it's maintained, how to talk to your child about their anxieties about their new school and some practical advice on how to help your child manage their worry using a CBT approach. We will also look at how to encourage young people to become independent problem solvers.

Date: 6th June 2024, book at [How to help your child transition to year 7 Tickets, Thu 6 Jun 2024 at 12:30 | Eventbrite](#)

Sleep

This workshop is aimed at parents and carers of children in Primary School. We will be looking at common difficulties children have with sleep, the recommended amount of sleep for children of different ages, and ways to support children with getting enough sleep. We will be looking at strategies around bedtime routines, the sleeping environment, life-style factors which may influence sleep, and supporting children with anxiety or worries which might be affecting their sleep.

Date: 4th July 2024, book at [Sleep Workshop for parents/ carers of PRIMARY age children Tickets, Thu 4 Jul 2024 at 12:30 | Eventbrite](#)

Support for parents and carers of children and young people having difficulties accessing school

Drop in events for Parents/carers of children having difficulties accessing school

We understand that some young people can find it challenging to attend school, for several reasons. We would like to offer a space to meet with someone to share your concerns and look at how we can support you around this. You will be able to meet with an attendance officer from the council along with someone from the Schools Mental Health Service, to explore what we can offer, and support the conversations with school.

We holding a number of sessions over the summer term:

Date: Tuesday 4th June **Time:** 10.00 – 3.00

Venue: Moulescoomb Family Hub, Hodshrove Lane, BN2 4SE

Date: Monday 10th June **Time:** 10.00 – 3.00

Venue: Roundabout Children's Centre, Whitehawk Road, BN2 5FL

Date: Tuesday 18th June **Time:** 13.00 - 16.00

Venue: North Portslade Childrens Centre, The Rise, Portslade, BN41 2PY

There will be an Education Adviser available between these times, along with a Family Support Worker from the Schools Mental Health Service.

Monthly support group for parents of children having difficulties accessing school

"I found it hugely helpful - thank you!!! I've been in this situation for so long now with my little boy, and now my little girl is struggling with school"

Our family support workers run a monthly drop in group for parents/carers of children struggling to attend schools at Al Campo lounge on London Road. It's a place to get support and meet others in the same situation.

For more information including upcoming dates, please email Sharyn.Brazier@brighton-hove.gov.uk or Jo.Roeg@brighton-hove.gov.uk





Are you concerned about your child's mental health?



- Anxiety
- Low mood
- Difficulties regulating emotions
- Self esteem and confidence
- Sleep difficulties
- Fears and phobias
- Separation, loss and bereavement



Scan the QR code below to *refer* your concern to Hove Learning Federation's Mental Health Lead. Link also available on our school website.

<https://www.westhoveinfants.co.uk/wp-content/uploads/sites/10/2023/03/Capture-1.png>



Naomi Miller (Mental Health Lead) will contact you within a week of your referral.

New referrals will be discussed at half termly triage meetings and support allocated.

NB: If you have an urgent concern about a child's mental health please call 0300 304 0061 during office hours or 0300 5000 101 outside of office hours.



SATURDAY 22ND JUNE 2024

TASIE
OF THE
CARIBBEAN
FOOD & DRINK FESTIVAL

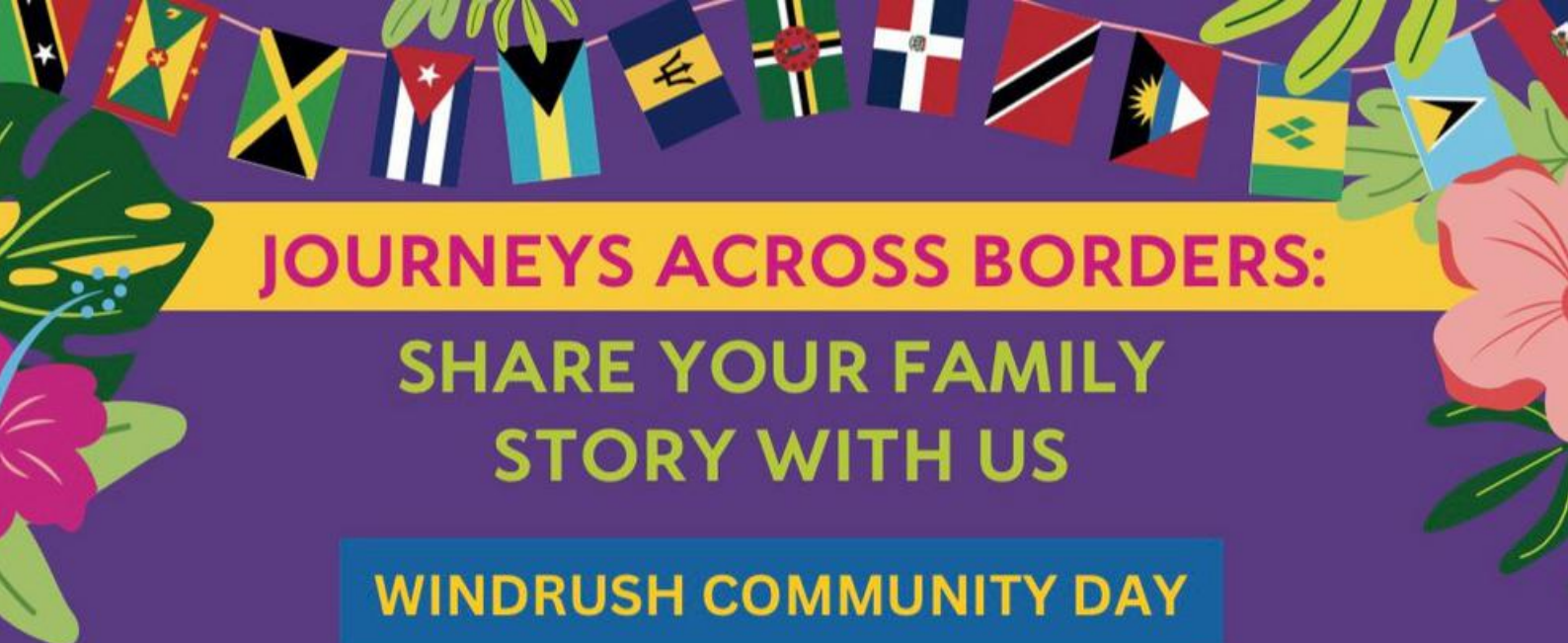
STREET FOOD TRADERS – FREE KIDS ACTIVITIES – LIVE BANDS
MARKET STALLS – FUNFAIR RIDES – RUM PUNCH

50% LOCAL RESIDENT DISCOUNT

USE CODE: HOVEPARK

HOVE PARK

GOLDSTONE CRESCENT, BRIGHTON & HOVE, BN3 6BG



JOURNEYS ACROSS BORDERS: SHARE YOUR FAMILY STORY WITH US

WINDRUSH COMMUNITY DAY

Are you or your family members
from a different country?

We want to hear from you on Windrush Day!
Bring along your memorabilia and photos – or
perhaps simply tell us your story – so we can take a
quick snapshot.

JOIN US ON 22ND JUNE AT
HOVE MUSEUM OF CREATIVITY

FROM 12PM – 4PM.

FREE, DROP-IN EVENT FOR ALL AGES.

There will be:

- Live steel drum music
- Food
- Family-friendly activities

Hove Museum of Creativity,
19 New Church Road, Hove BN3 4AB



TAKE PART LOCAL HANGLETON



**HANGLETON PARK – next to
Hangleton Community Centre,
Harmsworth Crescent, Hove,
BN3 8BW**

**SATURDAY
6th July
11am to 2pm**

A FREE community fun day
celebrating sport and wellbeing
activities including stalls, tasters and
demonstrations:

- Street dance
- Boxing
- Yoga
- Tag Rugby
- Bollywood
- Zumba
- Bike repair
- Refreshments
- And much more!

**To find out more contact
Claire Hines 07422692831
claire.hines@hkproject.org.uk**



The Hangleton
& Knoll Project
Working for a better community



Brighton & Hove
City Council



School of Psychology, University of Sussex

TAKE PART IN RESEARCH

Calling parents/carers of children aged 5 and under

We are currently recruiting parents/carers to join our participant database. Sign up today if you would like to be contacted about research opportunities with your child at the University of Sussex

For more information and to sign up, follow the link below or scan the QR code

<https://tinyurl.com/ycxpbetd>



Gifts for
children with
each study



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Vanessa Patterson Primary Tutor



20 years teaching
experience

Key Stages 1 and 2
maths and English



Face to face lessons
delivered in Southwick

1:1 sessions tailored to
your child

What I can offer:

- Outstanding teaching delivered on a 1:1 basis
- Learning personalised to your child's individual needs
- Free 15 minute phone or zoom consultation
- Expert advice and dedicated time to discuss your child's needs
- Building your child's confidence
- Weekday and weekend sessions

Contact Vanessa at:
mrspprimarytutor@gmail.com
or 07540827713
to discuss your child's needs.

Vanessa Patterson Primary Tutor



LIMITED
OFFER

£100 for 5 sessions

Save over 40%

Book and pay before June 30th

Get ready for the new school year with 1:1 Summer Intensive Tutoring!

Help your child catch up and get ahead before the next academic year with my Summer Intensive Booster Sessions. Designed for primary aged children, I provide personalised sessions for an hour a day over one week, focusing on key skills in maths and English.

Limited spaces available
on these dates:

12th August to 16th August

19th August to 23rd August

Sessions take place face to face in Southwick
or online.