



P.E

Portfolio

WEST HOVE
INFANT SCHOOL
.....
A family of friends





The following slides contain more information about PE at our schools

PE AT WEST HOVE INFANTS



West Hove Infant School

- PE is an integral part of our provision and ethos. It is firmly placed within the context of our aims, visions and values and encompasses our curriculum drivers of standards, engagement, enquiry and diversity.
- The school believes that Physical Education (P.E.) experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.
- Children are given the opportunity to participate in a wide range of activities in order to develop physical skills.



P.E. activities at West Hove Infants

- Children are given the opportunity to take part in: Net Games, Striking and Fielding Games, Invasion Games, Athletics, Gymnastics and Dance.
- Alongside extra curricular clubs such as Karate, Football, Tennis, Let's Dance, Yoga.



P.E. visits, visitors, fieldwork and enrichment at West Hove Infants

- Sports Days for Year 1 and Year 2 take part in a local park. Parents are encouraged to come along to watch and encourage the children
- Reception children have an Activities session in the playground, with all classes taking part in a circuit of games and activities
- The school supports Sport Relief, where all children work together to raise money, participating in fun games and learning about how the money raised helps children around the world
- Breakfast club and After School club also offers a variety of physical activities



Sports Day fun!

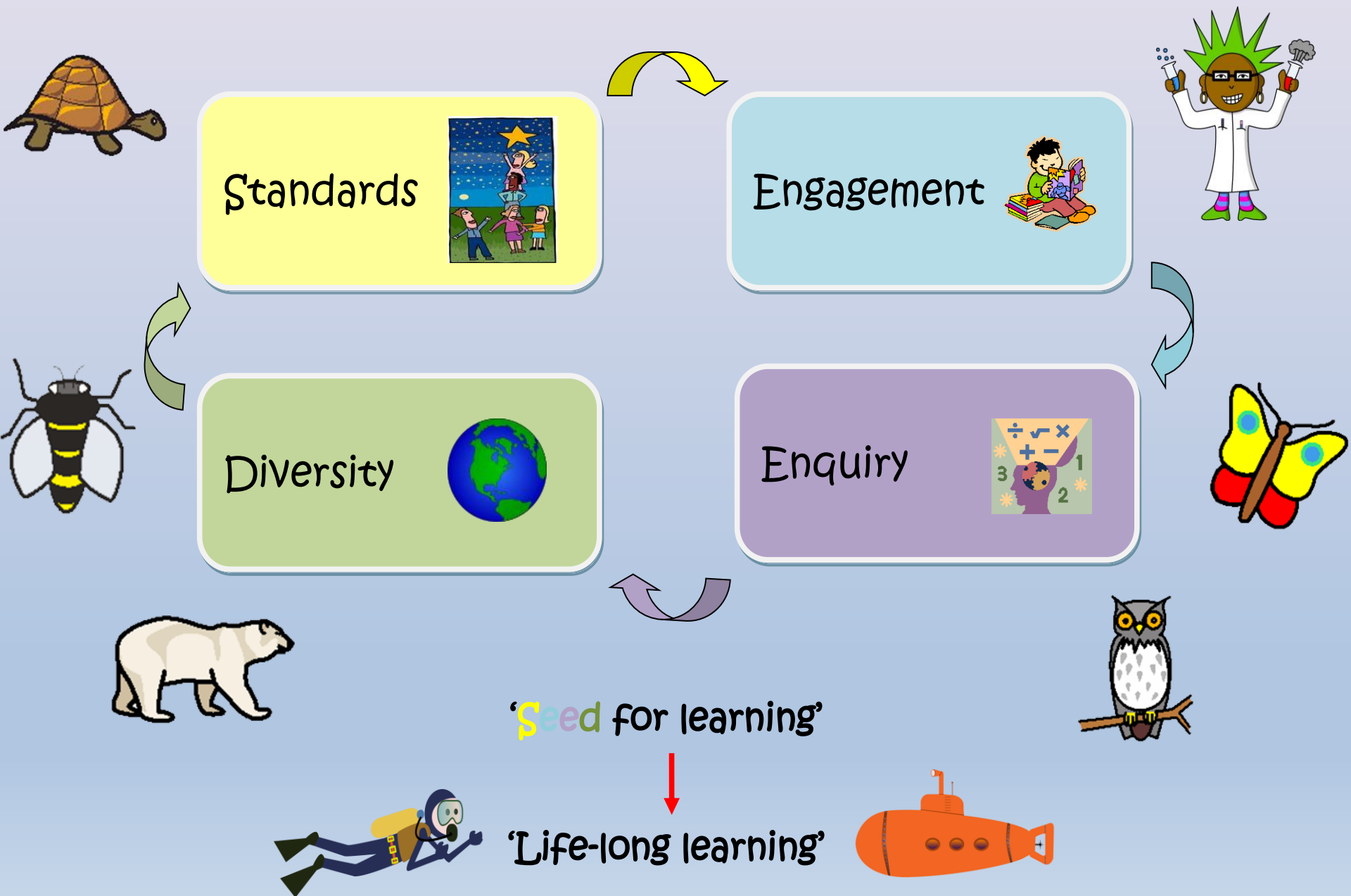


Our Aims, Vision and Values

- Our P.E. policy states that that Physical Education experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.
- Our Aims, Vision and Values recognise the importance of having a balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities.
- We also ensure that P.E. is used as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with acquisition of motor skills and techniques.



Curriculum Drivers : S.E.E.D.





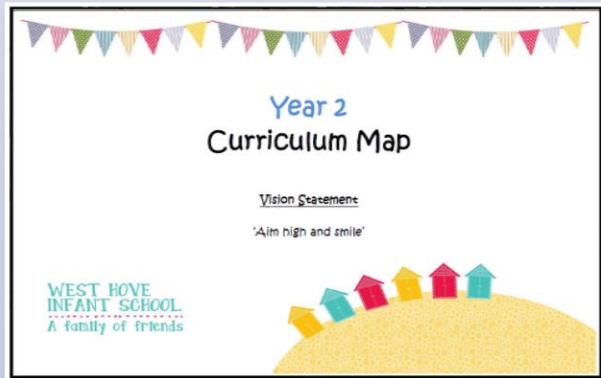
We aim to provide all our pupils with the opportunity to succeed, and to reach the highest level of personal achievement. Our P.E. curriculum is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable activities for children.

CURRICULUM



Please go to:
[/http://www.westhoveinfants.co.uk/our-curriculum/schemes-of-work](http://www.westhoveinfants.co.uk/our-curriculum/schemes-of-work)
to see our P.E Curriculum planning

Curriculum Overview



Our Curriculum Maps, detail all of the opportunities for the teaching and learning of **P.E** throughout each year.

Range of Opportunities	<ul style="list-style-type: none">• Immerse themselves in the world of what has been read so far.• Make links between the book they are reading and other books they have read, real-life experiences or films they have seen. <p>Pupils:</p> <ul style="list-style-type: none">• Listen to a range of new types, including fiction and non-fiction.• Read and listen to poetry and learn some poems by heart.• Become familiar with a wide range of texts of different lengths.• Discuss books.• Frequenter read with other year groups.• Celebrate reading at events like World Book Day.
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¹ Teachers should compare the books that their pupils read with those provided for the key stage 1 reading test developed by STA. At West Hove Infants, Gold and Silver bands books are used as an age-related expectations benchmark.
² Teachers should refer to the spelling appendix to the national curriculum (English Appendix 1) to exemplify the words that pupils should be able to read as well as spell.
³ Approximately 90 words per minute is a good indicator of when children start to read with sufficient fluency to focus on their understanding, but some pupils read slower than this while still being able to do so.

Learning Expectations	<ul style="list-style-type: none">• Use co-ordinators (e.g. <i>and</i> / <i>but</i>) and some subordination (e.g. <i>when</i> / <i>if</i> / <i>that</i> / <i>because</i>) to join clauses.• Segment spoken words into phonemes and represent these by graphemes, spelling many of these words correctly and marking phonics/segmentable elements as others.• Spell many common exception words³.• Use cursive handwriting.• Form capital letters and digits of the correct size, orientation and relationship to one another and to lower case letters.• Use spacing between words that reflects the size of the letters.• Revise, evaluate and polish their writing.• Publish and share work to celebrate their achievements.		
Range of Opportunities	Non Fiction • Alien Fact File	Poetry • Rainforest description	Fiction: Narrative • The Magic pebble

³ These are detailed in the word list within the spelling appendix to the national curriculum (English Appendix 1). Teachers should refer to these to exemplify the words that pupils should be able to spell.

Learning Expectations	<p>Pupils:</p> <ul style="list-style-type: none">• Use sentence stems to explain understanding.• Ask questions based on discussions.• Challenge each other to build on and explain ideas.• Explain and discuss texts read to them and those they have read for themselves.• Take turns and listen to others.• Read aloud what they have written with appropriate intonation to make the meaning clear.• Continue to build, appreciate and revise a repertoire of stories and poems.
Range of Opportunities	<p>Pupils:</p> <ul style="list-style-type: none">• Engage in Chavonne Partner, group and whole class discussions in all areas of the curriculum.• Listen to and learn a wide range of subject specific vocabulary.• Through reading identify vocabulary that enriches and empowers stories.





Our environment both inside and outside the school promotes a positive attitude to health and fitness.

ENVIRONMENT



Keeping active....



... with fantastic Snug equipment for the children in our outside areas and there are lots of other physical activity choices too.



Children work together as a team using large outside play equipment

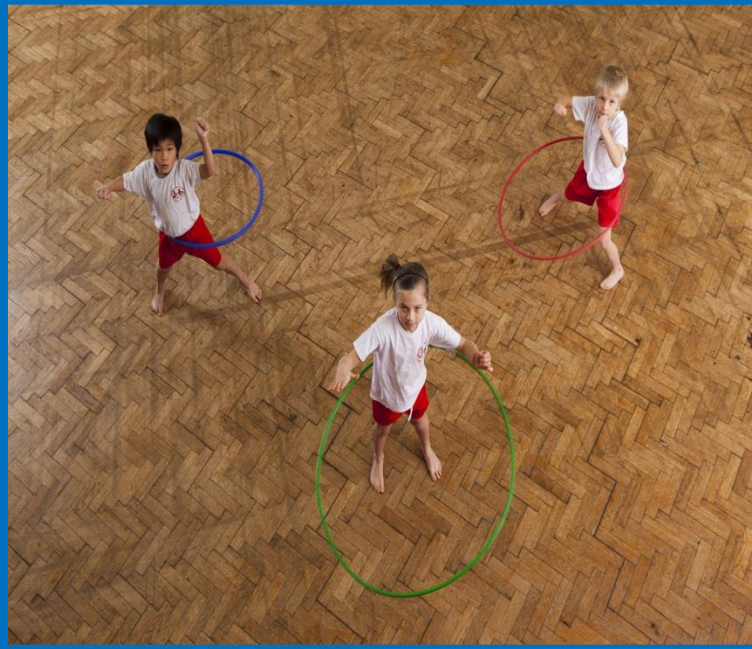


Resources....



Children enjoy using
a range of
equipment.





We take part in many sporting activities throughout the year such as Comic Relief, Sports Day and welcome sports visitors for special events.

SPECIAL EVENTS AND ACTIVITIES



Sports Day



The children get to enjoy a range of fun and competitive activities during our Sports Day. The children love having their grown ups involved and included



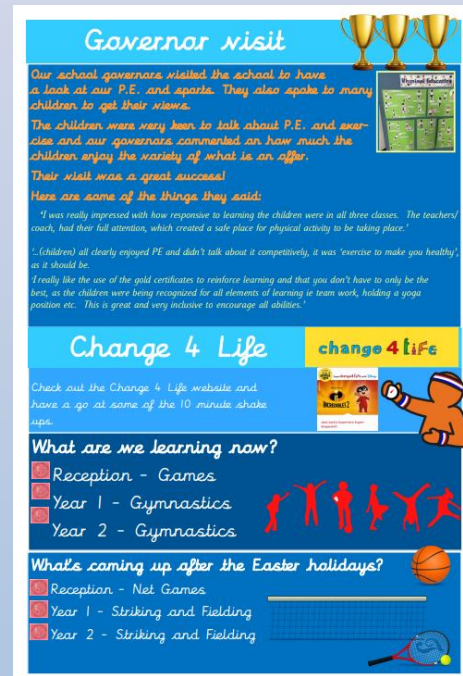
Parents and carers are warmly welcomed. Our Sports Day is always a great time to join together to celebrate the children

PARENT/CARER ENGAGEMENT

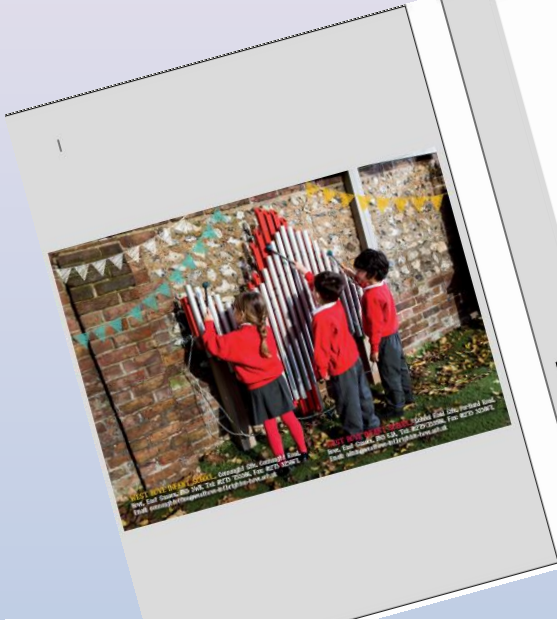


How can I support my child at home?

- Look out for half termly newsletter that will give you ideas of how to keep active with your child.



Do also have a look at our 'My Little Book of Fun Things to Do' on our 'Links for Home Learning page.. These have been sent home but are also available on our website: www.westhoveinfants.co.uk on our 'Links for Home Learning' page.



My Little Book of Fun Things I do ...

Name: _____

Start date
End date

Please
Insert child's
photo
Or
drawing of
themselves
here

Look at the fun things to do in your year group and see how many activities you can tick and date to say you have done!
We hope that you have fun completing your list ☺

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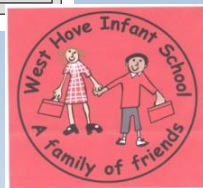
Well done for completing all your fun activities!

Please let us know below any more fun things that you like to do...

Year R			
Activity		✓	Date
Make mud pies			
Stroke a small animal			
Blow bubbles			
Roll down hills			
Splash in puddles			
Dance like no one is watching			
Make a den			
Pick fruit and eat it			
Play in the snow			
Visit a farm			
Plant a bulb and watch it grow			
Go on a crunchy leaf walk			
Fly a kite			
Post a letter			

Year 1			
Activity		✓	Date
Build a sand castle			
Make some biscuits & eat whilst warm			
Make a puppet			
Put on a puppet show			
Borrow a book from the library			
Go on a trip to the seaside			
Carve a pumpkin			
Make a daisy chain			
Dance like no one is watching			
Go on a winter walk			
Look up at the stars on a clear night			
Walk barefoot in the sand			
Collect shells and pebbles to decorate a plant pot			
Keep a collection of some sort			

Year 2			
Activity		✓	Date
Play a musical instrument			
Go on a picnic			
Plant a seed and eat what grows			
Visit a museum			
See live music			
Perform a dance			
Collect snails and race them (put them back once you've finished)			
Have a water fight			
Play in the snow			
Join an extra-curricular club			
See a butterfly hatch			
Talk to an old person			
Make your own ice lolly and eat it			
Take a selfie			



How can I support my child at home?

- give your child encouragement and support, without pressure or fear of failure;
- if finances permit, look for local training opportunities or enroll your child in a sports club;
- encourage your child to try different sports or activities. Many very able sportspeople are talented in more than one sport. The local authority often provides lots of taster sessions in the summer holidays;



Local opportunities

- Sama Organisation (Martial Arts) (01273) 580577
- Hove Lagoon Watersports Centre (01273) 424842
- Hove Rugby Football Club (01273) 505103
- King Alfred Leisure Centre (01273) 290290
- Portslade Sports Centre (01273) 411100





West Hove Infants: Having fun, keeping active and staying healthy!