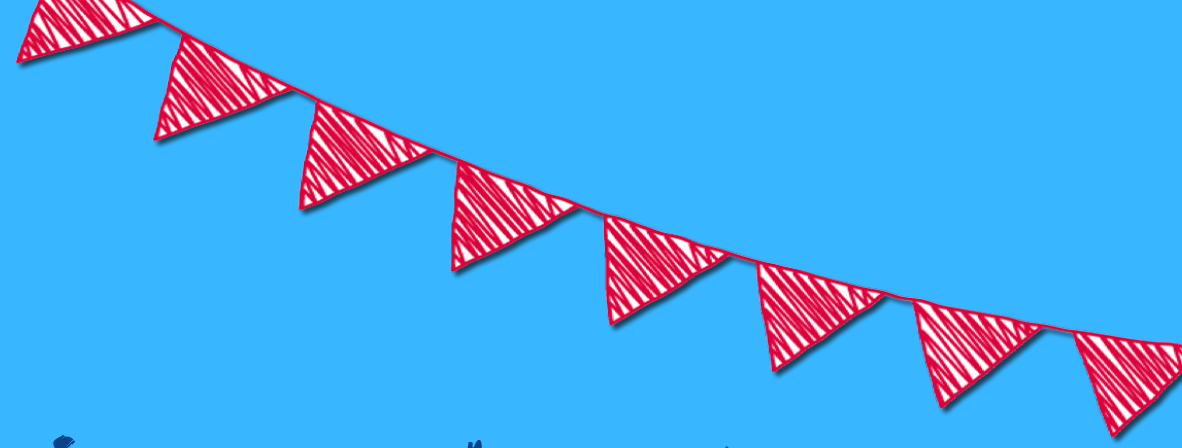




Getting ready for School this September!

At West Hove it is our goal for all children to be happy, healthy and be proud of who they are.

Starting school is a big step for all children and for all parents.

Supporting your child to be ready for school will increase their independence and confidence, giving them the best start to their school career and is a major factor to their well-being.

Although not all children will have mastered all the following things by September – and there are many – the more things they are confident with, the easier their start to school will be.

Self-Care

- Use the toilet and be able to clean myself afterwards
- Dress myself after toileting - pull up my pants/tights/trousers
- Wipe my nose
- Put on and take off my coat, jumper or fleece, shoes and socks
- Feed myself and begin to use cutlery
- Carry a tray with a plate on it
- Tidy up my toys



Social and Emotional

- Separate from key adults and spend time away from them
- Share toys
- Communicate when they are cold, hungry, thirsty, hurt/ill or need the toilet (verbally or with signs).
- Be able to calm down with help when upset
- Have a go at activities



Communication and Language

- Follow a one or two step instruction
- Listen to an adult reading a story
- Be able to focus on activities for around five minutes
- Can recognise their own name

Cognitive

- Can hold a book and turn the pages
- Can talk about the pictures and the story
- Can hold and use writing tools
- Can write some letters in my name
- Can count to 10
- Can count up to 5 objects

