

**GETTING
READY FOR
SCHOOL THIS
SEPTEMBER!**





Why is School Readiness so Important?



Each class has a teacher and a teaching assistant who is with the class for the whole day. Although this is excellent practise for a primary school, it is still a big jump for children who are used to having a key worker they share with a much smaller group of children.

We want to ensure that every child gets the time they need to bond with their new adults and class mates. As such, we promote school readiness so practitioners have less of a focus on functional care and more time to focus on children's social and emotional education.

The blue background of the left side of the image is decorated with several white outline stars of different sizes and two solid orange stars. A yellow lightbulb with radiating lines is positioned in the upper right corner of this section.

Why is School Readiness so Important?

At West Hove it is our goal for all children to be happy, healthy and be proud of who they are.

Starting school is a big step for all children and for all parents.

Supporting your child to be ready for school will increase their independence and confidence, giving them the best start to their school career and is a major factor to their well-being.

Although not all children will have mastered all the following things by September – and there are many – the more things they are confident with, the easier their start to school will be.



Self-Care



- Use the toilet and be able to clean myself afterwards
- Dress myself after toileting – pull up my pants/tights/trousers
- Wipe my nose
- Put on and take off my coat, jumper or fleece, shoes and socks
- Feed myself and begin to use cutlery
- Carry a tray with a plate on it
- Tidy up my toys

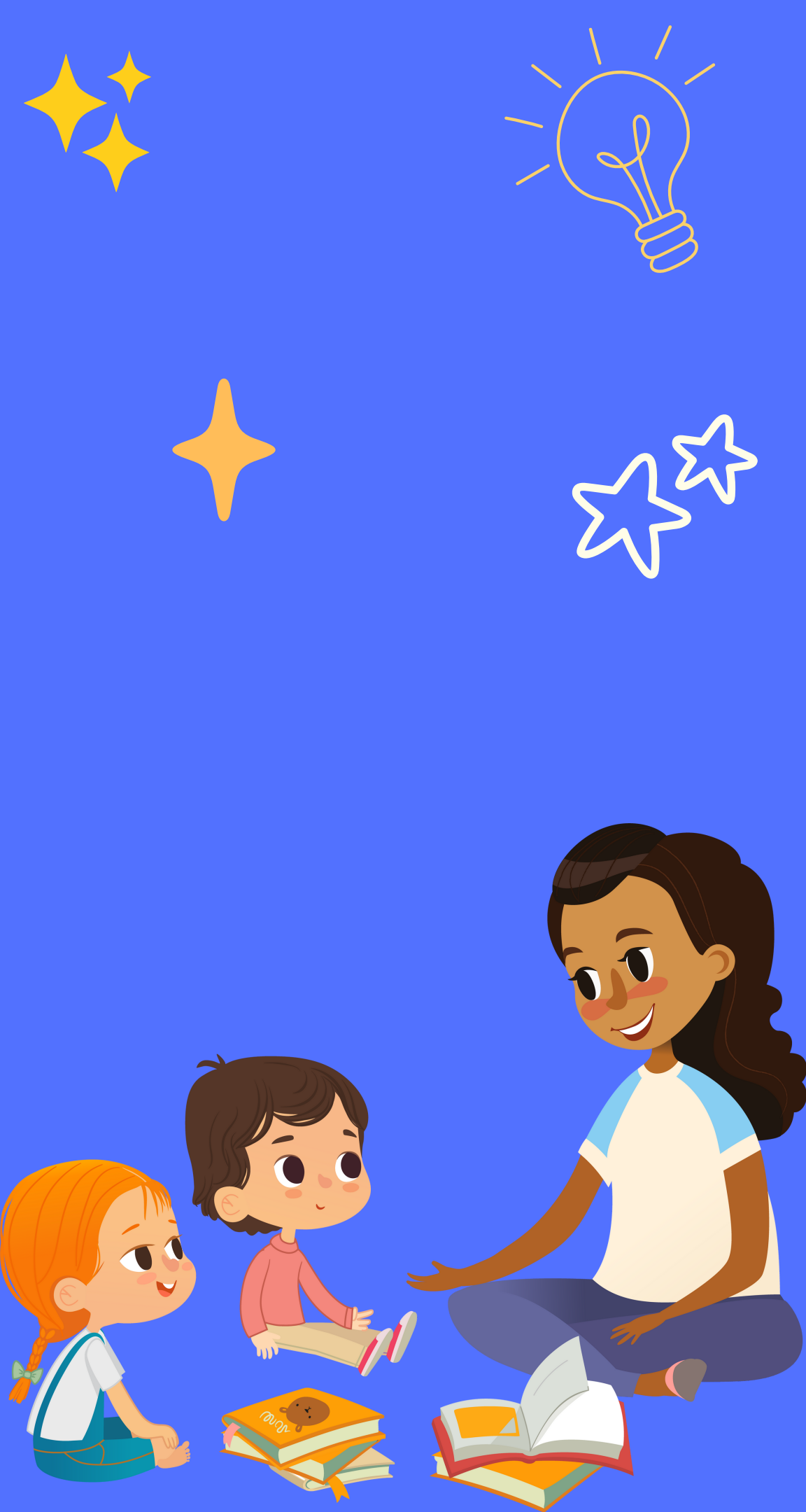




Social and Emotional

- Separate from key adults and spend time away from them
- Share toys
- Communicate when they are cold, hungry, thirsty, hurt/ill or need the toilet (verbally or with signs).
- Be able to calm down with help when upset
- Have a go at activities





Communication and Language

- Follow a one or two step instruction
- Listen to an adult reading a story
- Be able to focus on activities for around five minutes
- Can recognise their own written name





Cognitive

- Can hold a book and turn the pages
- Can talk about the pictures and the story in books you share together
- Can hold and use writing tools to make marks
- Can write some letters in their name
- Can count to 10
- Can count up to 5 objects





Want to find out more?

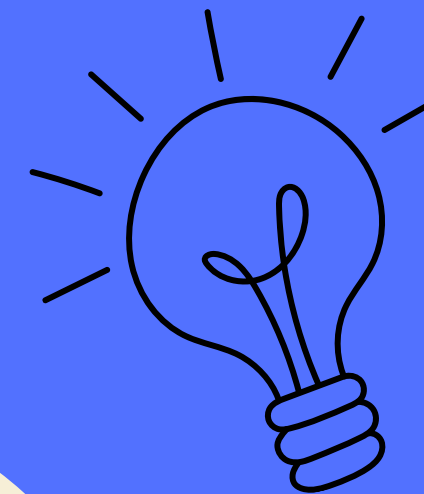


- Toileting:<https://cambspborochildrenshealth.nhs.uk/peeing-pooing-and-toileting/a-guide-to-toileting/>
 - <https://kidscraftroom.com/starting-school-separation-anxiety-coping-with-tears/>
 - <https://cambspborochildrenshealth.nhs.uk/speech-language-and-communication/attention-and-listening-skills/>
 - <https://www.bbc.co.uk/tiny-happy-people/articles/z4jjwty>
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Or ask your teacher! We are here to help!



THANK
YOU!



$$1+2=3$$

